

Mapleton's Organic^{TM MC}

DELICIOUSLY



GLUTEN FREE

from our family farm



We craft our delicious **gluten free** and **nut free** ice cream cookies right on our family farm. Our cows are raised with care to provide the fresh organic cream and milk that makes our cookies, yogurts and ice creams taste so smooth, so refreshing and so special.

SINGLE SOURCE ORGANIC DAIRY



SUPER PREMIUM • ORGANIC ICE CREAMS

MADE WITH FRESH CREAM

CAPPUCCINO

Ingredients: Organic cream, organic raw cane sugar*, organic eggs, coffee*, organic vanilla, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-03000-1
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 180	
Fat / Lipides 10 g	15 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 105 mg	
Sodium / Sodium 60 mg	3 %
Carbohydrate / Glucides 18 g	6 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 15 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	10 %
Iron / Fer	4 %

GINGER

Ingredients: Organic cream, organic raw cane sugar*, organic eggs, organic ginger, organic vanilla, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-07000-7
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 180	
Fat / Lipides 11 g	17 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 110 mg	
Sodium / Sodium 65 mg	3 %
Carbohydrate / Glucides 18 g	6 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 15 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	10 %
Iron / Fer	4 %

CHAI

Ingredients: Organic cream, organic raw cane sugar*, organic eggs, organic spices*, organic vanilla, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-08500-1
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 180	
Fat / Lipides 11 g	17 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 110 mg	
Sodium / Sodium 65 mg	3 %
Carbohydrate / Glucides 18 g	6 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 15 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	10 %
Iron / Fer	4 %

VANILLA & CHOCOLATE CHIPS

Ingredients: Organic cream, organic raw cane sugar*, organic chocolate chips*, organic eggs, organic vanilla, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-01200-7
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 190	
Fat / Lipides 11 g	17 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 105 mg	
Sodium / Sodium 65 mg	3 %
Carbohydrate / Glucides 18 g	6 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 16 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	10 %
Iron / Fer	4 %

RASPBERRY

Ingredients: Organic cream, organic raw cane sugar*, organic eggs, organic raspberry purée, organic vanilla, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-04000-0
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 160	
Fat / Lipides 10 g	15 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 55 mg	
Sodium / Sodium 55 mg	2 %
Carbohydrate / Glucides 15 g	5 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 12 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	8 %
Calcium / Calcium	10 %
Iron / Fer	2 %

MINT CHOCOLATE CHIP

Ingredients: Organic cream, organic raw cane sugar*, organic chocolate chips* (cane sugar, cocoa mass, cocoa butter), organic eggs, mint extract, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-17114-8
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 190	
Fat / Lipides 11 g	17 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 105 mg	
Sodium / Sodium 65 mg	3 %
Carbohydrate / Glucides 18 g	6 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 16 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	10 %
Iron / Fer	4 %

CHOCOLATE

Ingredients: Organic cream, organic raw cane sugar*, organic eggs, organic cocoa blend*, organic vanilla, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-01200-7
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 170	
Fat / Lipides 11 g	17 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 100 mg	
Sodium / Sodium 45 mg	2 %
Carbohydrate / Glucides 17 g	6 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 13 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	8 %
Iron / Fer	8 %

VANILLA

Ingredients: Organic cream, organic raw cane sugar*, organic eggs, organic vanilla, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-01000-3
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 180	
Fat / Lipides 11 g	17 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 110 mg	
Sodium / Sodium 65 mg	3 %
Carbohydrate / Glucides 18 g	6 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 15 g	
Protein / Protéines 4 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	10 %
Iron / Fer	4 %

VANILLA CHOCOLATE CHIP COOKIE

Ingredients: Cookies: *Brown rice flour, *raw cane sugar, *chocolate chips, *palm fruit shortening, *filtered water, *tapioca starch, *cocoa powder, *molasses, gluten free baking powder, sunflower oil, xanthan gum, chocolate flavour, salt; Vanilla Ice Cream: *Cream, *raw cane sugar, *eggs, *vanilla, *guar gum, *locust bean gum.

*Organic Ingredients

UPC # 6-84923-35001-7

Six pack UPC # 6-84923-35006-2 6 X 200 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 200 mL (125 g) / par 200 mL (125 g)	% valeur quotidienne
Calories / Calories 270	
Fat / Lipides 15 g	24 %
Saturated / saturés 8 g	41 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 110 mg	
Sodium / Sodium 115 g	5 %
Carbohydrate / Glucides 30 g	10 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 22 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	12 %
Iron / Fer	8 %

SEASONAL: **CANDY CANE** UPC # 6-84923-00700-3 **DANDELION** UPC # 6-84923-00900-7 **PUMPKIN** UPC # 6-84923-00800-0

SUPER PREMIUM • ORGANIC FROZEN YOGURTS

LOW FAT • LIVE BACTERIAL CULTURES

STRAWBERRY

Ingredients: Organic skim milk yogurt (organic milk, 5 live cultures), organic milk, organic raw cane sugar*, organic eggs, organic strawberries, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-15000-6
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 150	
Fat / Lipides 2.5 g	4 %
Saturated / saturés 1.5 g	8 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 55 mg	
Sodium / Sodium 85 mg	4 %
Carbohydrate / Glucides 28 g	9 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 25 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	6 %
Calcium / Calcium	15 %
Iron / Fer	4 %

VANILLA

Ingredients: Organic skim milk yogurt (organic milk, 5 live cultures), organic milk, organic raw cane sugar*, organic eggs, organic vanilla, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-11000-0
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 160	
Fat / Lipides 3 g	5 %
Saturated / saturés 1.5 g	8 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 65 mg	
Sodium / Sodium 75 mg	3 %
Carbohydrate / Glucides 28 g	9 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 25 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	15 %
Iron / Fer	4 %

LEMON

Ingredients: Organic skim milk yogurt (organic milk, 5 live cultures), organic milk, organic raw cane sugar*, organic eggs, lemon extract, organic guar gum, organic locust bean gum.

*Certified Fair Trade

UPC # 6-84923-16000-5
8 X 473 mL per case

Nutrition Facts Valeur nutritive

Amount	% Daily Value
Per 125 mL (87 g) / par 125 mL (87 g)	% valeur quotidienne
Calories / Calories 160	
Fat / Lipides 3 g	5 %
Saturated / saturés 1.5 g	8 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 65 mg	
Sodium / Sodium 75 mg	3 %
Carbohydrate / Glucides 28 g	9 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 25 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	15 %
Iron / Fer	4 %

Mapleton's Organic™

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